



### Student Health and Wellness

United States University cares for both the physical well-being and mental health of our students. While the University does not offer on-campus health services, below is a list of resources that can be accessed by all students. National resources can aid you directly or help you find a resource in your area. Local resources are also listed for students who attend classes on campus in San Diego.

NATIONAL	
Emergency (police, fire, and rescue)	911
Childhelp (Child Abuse Hotline)	(800) 4-A-CHILD (422-4453)
Disaster Distress Helpline 24/7	(800) 985-5990 TTY Line: (800) 846-8517
Domestic Violence Hotline 24/7	(800) 799-SAFE (7233) TDD Line: (800) 787-3224
HIV/AIDS Hotline	(800) CDC-INFO (232-4636) TTY: (888) 480-3739
Lesbian, Gay, Bisexual and Transgender (LGBT) Hotline	(888) 843-4564
National Council on Problem Gambling 24/7	(800) 522-4700
National Eating Disorder Association Helpline	(800) 931-2237
Poison Control Center 24/7	(800) 222-1222
Sexual Assault Telephone Hotline	(800) 656-HOPE (4673)
Substance Abuse and Mental Health Services Administration (SAMHSA)	(800) 662-HELP (4357) TTY: (800) 487-4889
Suicide Prevention Lifeline 24/7	(800) 273-TALK (8255) TTY Line: (800) 799-4889
Victim Crime Resource Center	(800) 851-3426
SAN DIEGO	
Adult Emergency & Crisis Services 24/7	(888) 724-7240 TDD: (619) 641-6992
Alcoholics Anonymous	(619) 265-8762
National Alliance on Mental Health – San Diego	(800) 523-5933
Rape Crisis Center 24/7	(888) 385-4657

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